	Clay Madsen Recreation Center Pool Schedule: Fall 2014 Eff. 9/29/14							
	Sunday 10:30-5:30pm	Monday 5:30-9:30pm	Tuesday 5:30-9:30pm	Wednesday 5:30-9:30pm	Thursday 5:30-9:30pm	Friday 5:30-8:30pm	Saturday 7:30-6:30pm	
5:00 AM			,			·	· ·	
5:30 AM		Aqua S-Wet		Aqua S-Wet		Aqua S-Wet		
6:00 AM		(3 lanes)	COD/Lap Swim	(3 lanes)	COD/Lap Swim	(3 lanes)		
6:30 AM		COD/Lap Swim		COD/Lap Swim		COD/Lap Swim		
7:00 AM		COD/Lap 3wiiii		COD/Lap 3wiiii		COD/Lap 3wiiii		
7:30 AM		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
8:00 AM								
8:30 AM		D.A.F.	D.A.F.	Lup Swiiii	D.A.F.	D.A.F.		
9:00 AM							-	
9:30 AM		Agua Fit	Agua Tone	Agua Fit	Agua Tone	Agua Fit	Swim Lessons	
10:00 AM		·	•	•	·	'	(3 lanes)	
10:30 AM	1 6	Aqua Energizer		Aqua Energizer				
11:00 AM	Lap Swim		-				-	
11:30 AM		COD/Lan Cusina		COD/Lan Cusina		COD/Lan Curina		
12:00 PM 12:30 PM		COD/Lap Swim		COD/Lap Swim		COD/Lap Swim		
1:00 PM								
1:30 PM	Open Swim		Lap Swim		Lap Swim		Open Swim	
2:00 PM						Lap Swim		
2:30 PM		Lap Swim		Lap Swim				
3:00 PM		- 1						
3:30 PM						Open Swim		
4:00 PM	Laus Continu							
4:30 PM	Lap Swim	Curino Laccana	Curino Laccana	Continue I annual	Curing Laggans	l	Lap Swim	
5:00 PM		Swim Lessons (2 lanes)	Swim Lessons (2 lanes)	Swim Lessons (2 lanes)	Swim Lessons (2 lanes)		Lap Swim	
5:30 PM		(2 lattes)	(2 lattes)	(2 lattes)	(2 lattes)			
6:00 PM		Agua Power	Agua Zumba	Agua Challenge	Agua Zumba	Lap Swim		
6:30 PM		Aqua i owei	Aqua Zamba	Aqua chancinge	Aqua Zamba	Lup Swiiii		
7:00 PM		Agua Zumba	Agua Power	Swim Lessons	Agua Power			
7:30 PM		Aqua Zumba	Aqualowei	(2 lanes)	Aqua i Owei			
8:00 PM								
8:30 PM		Lap Swim	Lap Swim	Lap Swim	Lap Swim			
9:00 PM								
9:30 PM								
10:00 PM								

Schedule is subject to change. Please refer to Fall-Winter-Spring 2014-2015 Program Guide for specific Swim Lesson dates.

Please see CMRC front desk team for Group & Aqua Exercise Rules & Guidelines.

One lane will always be available to lap swimmers. Please be prepared to share a lane.

CMRC Pool closes 30 minutes prior to Rec Center closing.